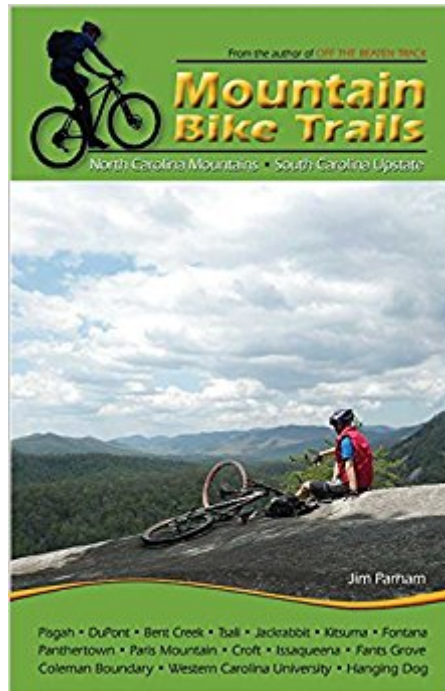




**Ebook Directory**  
the best source of ebook

The book was found

# Mountain Bike Trails: North Carolina Mountains & South Carolina Upstate



## Synopsis

In 1992, Jim Parham wrote the very first mountain bike guidebook for the Southeast. In this new guide he presents essential trail information to match the evolution of the sport. Recommended rides are grouped according to established trail systems in regions within each state, with full-color maps and photos, GPS coordinates, important route details, and driving directions to every trailhead. It includes the information you need to make the most of mountain biking in the high country of the Carolinas, including concise data for: 105 bike routes 68 trailheads 24 trail networks 504 miles of single track 160 miles of forest roads 3 bike parks Whether you shred the most technical trails or are just getting started on a mountain bike, find what you need to get where you want to go in this guide for all skill levels.

## Book Information

Paperback: 216 pages

Publisher: Milestone Press (April 1, 2016)

Language: English

ISBN-10: 1889596329

ISBN-13: 978-1889596327

Package Dimensions: 3.4 x 2.2 x 0.2 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,420,516 in Books (See Top 100 in Books) #108 in [Books > Sports & Outdoors > Individual Sports > Cycling > Mountain Biking](#) #482 in [Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides](#) #1739 in [Books > Travel > United States > South > South Atlantic](#)

## Customer Reviews

Jim Parham was the original Southeast mountain bike trail guru, and with this book he proves he still has the touch. If you're interested in complete and reliable information on the very best destinations in the region, it deserves a place on your bookshelf, and in your hydration pack. --Kent Cranford, owner, Motion Makers Bicycle Shop

Jim Parham is the author of more than a dozen outdoor guidebooks covering the mountains of North and South Carolina, Tennessee, and Georgia.

Great book, but pages 25-48 are repeated in my copy. Maybe human error at the printer? At least nothing was omitted.

Good Quality and Informative!

[Download to continue reading...](#)

Mountain Bike Trails: North Carolina Mountains & South Carolina Upstate Mountain Bike Book: An Instant Reference to Mountain Bike Maintenance and Mountain Bike Training Mountain Bike Way of Knowledge: A cartoon self-help manual on riding technique and general mountain bike craziness . . . (Mountain Bike Books) The Cape Cod Bike Book: A Complete Guide To The Bike Trails of Cape Cod: Cape Cod Rail Trail, Nickerson Park Trails, Falmouth Woods Hole Trail, National Seashore Trails Explorer's Guide 50 Hikes in South Carolina: Walks, Hikes & Backpacking Trips from the Lowcountry Shores to the Midlands to the Mountains & Rivers of the Upstate (Explorer's 50 Hikes) East Bay Bike Trails: Road and Mountain Bicycle Rides Through Alameda Counties and Contra Costa (Bay Area Bike Trails) Marin County Bike Trails: Easy to Challenging Bicycle Rides for Touring and Mountain Bikes (Bay Area Bike Trails) Bay Area Mountain Bike Trails: 45 Mountain Bike Rides Throughout the San Francisco Bay Area Mountain Biking Mammoth & the Eastern Sierra: The Best Bike Trails & Rides of Mammoth Mountain, Owens Valley, White Mountains, Alabama Hills, Bishop, ... Sonora Pass, Walker, Coleville, and more! South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Mountain Bike Trails: North Georgia Mountains, Southeast Tennessee Wilmington, North Carolina: Including its History, Bellamy Mansion, the USS North Carolina, the North Carolina Azalea Festival, Independence Mall, and More The Balsam Groves of the Grandfather Mountain: A tale of the Western North Carolina Mountains, together with information relating to the section and its ... of altitudes of important mountains, etc White Mountain Guide: AMC's Comprehensive Guide To Hiking Trails In The White Mountain National Forest (Appalachian Mountain Club White Mountain Guide) San Francisco Peninsula Bike Trails: 32 Road and Mountain Bike Rides Through San Francisco and San Mateo Counties Zinn & the Art of Mountain Bike Maintenance: The World's Best-Selling Guide to Mountain Bike Repair Mountain Bike America: Greater Philadelphia: An Atlas of the Delaware Valley's Greatest Off-Road Bicycle Rides: Includes Philadelphia, Jim Thorpe, New ... Delaware (Mountain Bike America Guides) El camino de Santiago en mountain bike / St. James' Way in Mountain Bike (Spanish Edition) Mountain Bike! Washington (America by Mountain Bike) Mountain Bike America: Ohio: An Atlas of Ohio's Greatest Off-Road Bicycle Rides (Mountain Bike

America Guides)

Contact Us

DMCA

Privacy

FAQ & Help